

Purpose

To organise, supervise and direct the group of athletes for the duration of the meet.

Equipment

- ✓ Age Group folder, pen and highlighter
- ✓ Program of events

Optional equipment

- ✓ Electronic device, e.g. i-Pad or tablet



Safety

- All athletes to be within sight and hearing at all times.
- The group must never be left unattended.
- Ask for assistance from parents as necessary.
- Athletes to inform the Age Marshal before leaving the group and on return.
- Use a 'buddy' system, if athletes need to leave.

Where to assist

At least one Age Marshal is required for each age group or combined age group, depending on the Centre program.

Age Marshals are necessary only at Centre meets and some intercentre meets.

What to do

- Collect the Age Group folder, check the program and the athletes' names listed on the field event recording forms.
- Mark off athletes' names, add any new athlete's names if required and proceed to the first event.
- Perform the duties of the Recorder at the field events.
- Refer to the *Recorder Handy Hints*.
- Ensure athletes attend each programmed event in the correct order and no event is to be substituted.
- Keep athletes under control and together in the group at all events.

How to record

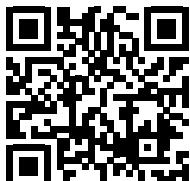
- Call the athletes for their trials in the order listed on the field event recording form.
- Repeat the measured distance or height back to the Chief Judge.
- Complete the field event recording form according to the measured distance or height. Measurements are recorded to the nearest whole centimetre **below** the actual measured distance or height.
- Circle each athlete's best performance on the field event recording form.
- Return the Age Group folder, field event recording forms and/or electronic device to the appropriate area.

Handy hints for Age Marshals

- Utilise developing skills activities and games between events.
- Always have the next athlete ready to throw or jump.
- In High Jump, start athletes at a height just below their personal best performance.
- In Long Jump, younger age groups run from a set marker.
- Assist the Starter by placing the athletes in lanes/heats at track events.
- Encourage parents to assist at each event.

Handy hint for the athletes

Remember, personal best performances are more important than the outcome of the event.



A series of basic 'how to guides' on various event areas you will encounter with your athletes can be found on the LAQ website. Scan the QR code or visit laq.org.au/parents/how-to-videos/